

# 2023 Website Program Description



Residential Retreat   Virtual Retreat

## Peak Week

Explore the peak exercises of five different Monroe retreats: Gateway Voyage, Guidelines, Lifeline, Heartline, and MC Squared

Residential Program

**\$2,295.00**

5 Days + 6 Nights

### Prerequisites

[Gateway Experience](#)

[Gateway Voyage](#)

[Gateway Voyage Virtual Retreat](#)

Only one of the prerequisites above is required

Enter into peak experience and energy from the first day. Many Monroe programs culminate in a pinnacle of energy, insight, and expanded awareness by 4th and 5th days. We have taken powerful exercises from those days and brought them together in this unique new program.

New Insights are discovered and old truths are deepened. We begin by reconnecting with special Gateway Voyage energy with its promise of discovery and change. We then move through the peak exercises of four more programs over the next four days, each day building upon the one before, to create a crescendo of expanding consciousness.



(See the link for this video in the details section below)

Experience four extended Super Flow exercises for deeper exploration and connection with Inner Self. Improve manifestation abilities by expanding the flow of powerful heart energy. Experience a wholeness in the afterlife state to deepen the connection with loved ones who have transitioned.

Get a taste of five Monroe Programs.

# What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.

 <b>Semi-Private Rooms</b> Standard accommodations are double-occupancy rooms.	 <b>Free Wi-Fi</b> Free Wi-Fi is available for guests	 <b>Daily Meals</b> Our dining menu offers many healthy fresh options with a farm-to-table philosophy.
 <b>Shuttle Service</b> Local area, shuttle transportation is included on the first and last days of each program.	 <b>Swimming</b> During afternoon breaks, enjoy a dip in the swimming pool or lake (weather-permitting).	 <b>Massage</b> Massages are available during weeklong retreats during afternoon breaks. (additional fee)